CASE REPORT

Two male patients with incontinentia pigmenti

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Abstract

Background. Incontinentia pigmenti (IP) is a rare, complex, X-linked genodermatosis in which skin changes are combined with defects of other organs. It appears almost exclusively in females and is usually lethal in men. It is estimated that according to the available reported cases, there have been approximately 900–1,200 affected individuals, out of which 60 males. The aim of the study was to report two additional individual male cases with IP.

Case reports. We discovered two male patients with IP according to standard IP diagnostic criteria. The diagnosis was made by a dermatologist and confirmed by cutaneous histopathology and ultrastructural analysis. The pedigrees, karyotype analyses and routine laboratory findings were made. Two male probands were the only ones with IP in their families, with no history of miscarriages. Both probands had normal karyotype. In one proband, acrocentric chromosomes of the group D had tendency of forming associations. Histopathological and ultrastructural skin analyses revealed findings typical for IP.

Conclusion. The detection of each male case is very valuable because of their rarity. Application of the standard diagnostic criteria is necessary for comparison and epidemiological analysis. Monitoring such probands allows a better determination of how genetic transmission occurs, and is important because of the different degrees of severity of IP.

Key words: incontinentia pigmenti; male; diagnosis.

Introduction

Incontinentia pigmenti (IP) is a rare, X-linked genodermatosis in which a gene localized on the chromosome Xq28 is responsible for IP. The NEMO (IKBKG) signaling pathway is a multi-component pathway that regulates the expression of hundreds of genes that are involved in diverse and key cellular processes, such as cell proliferation, cell survival, immunity, and inflammation. Its mis-regulation is involved in many diseases. However, failure to identify NEMO (IKBKG) mutation does not rule out the diagnosis of IP. Affected females survive because of X-chromosome disygosity and negative selection of cells carrying the mutant X-chromosome.
It appears almost exclusively in females and is usually lethal in men\(^\text{6}\). Survival in males is explained through the following mechanisms: 47, XXY karyotype, somatic mosaicism and/or mutations that produce a milder form of IP\(^\text{4}\).

According to the available reported cases, it is estimated that there have been approximately 900–1,200 affected individuals, out of which 60 males\(^\text{4}\). In this paper, we reported two additional single male cases with IP, hereditary X linked disease usually lethal in males.

**Case report**

From 1989 until 2005 we discovered 9 families with IP. There were only two male patients in this group. Selection of patients was carried out according to the Landy and Donnai criteria\(^\text{7}\). The study protocol was approved by the Clinical Center of Serbia (CCS) Ethics Committee. Our cases were diagnosed clinically by a dermatologist and confirmed by cutaneous histopathology and ultrastructural analyses. The pedigrees (Figure 1), karyotype analyses and routine laboratory findings were done for all examinees.

![Fig. 1 – Pedigrees of the 2 investigated families with individual male cases of incontinentia pigmenti (affected probands denoted by blackened symbols)](image)

The basic data on the two unrelated male patients and key clinical and laboratory findings are given in Table 1. None of the male probands’ relatives had any signs or symptoms of IP. There were no miscarriages in either of the families of both male IP patients.

<table>
<thead>
<tr>
<th>Family-proband</th>
<th>Patient’s data and findings</th>
<th>1</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age when examined (years)</td>
<td>9</td>
<td>7</td>
<td></td>
</tr>
<tr>
<td>Skin</td>
<td>+</td>
<td>+</td>
<td></td>
</tr>
<tr>
<td>CNS*</td>
<td>–</td>
<td>–</td>
<td></td>
</tr>
<tr>
<td>Ocular</td>
<td>–</td>
<td>–</td>
<td></td>
</tr>
<tr>
<td>Dental and/or oral</td>
<td>+</td>
<td>+</td>
<td></td>
</tr>
<tr>
<td>Eosinophilia</td>
<td>+</td>
<td>–</td>
<td></td>
</tr>
<tr>
<td>Nails</td>
<td>+</td>
<td>–</td>
<td></td>
</tr>
<tr>
<td>Other findings</td>
<td>–</td>
<td>Asthma</td>
<td></td>
</tr>
</tbody>
</table>

*Central nervous system

A proband 1 was a 9-year old boy. He was examined at the Outpatient Unit of the Institute of Dermatovenerology, CCS. He was the second child from the second pregnancy. The first child was a healthy boy. First skin changes appeared when he was 3 days old as vesiculobullous lesions on the face, trunk, and upper extremities. He had lentiginosis on his face, lips and hands. Linear hypo- and hyperpigmentations were present on his trunk, following Blaschko lines. The skin changes on his trunk had band-like and whirl-like shapes. Discrete atrophic maculas were present on his lower legs. His skin was dry and he had diminished sweating. He had brittle nails. His karyotype was normal, 46,XY. His acrocentric chromosomes of the group D were forming associations (Figure 2). Histopathological (Figure 3) and ultrastructural skin analyses (Figure 4) revealed typical findings for IP including free melanosome clusters in the dermis.

![Fig. 2 – Proband 1 karyotype with acrocentric chromosomes forming associations (arrow)](image)

![Fig. 3 – Histopathological findings in proband 2. Pigment in dermal cells (arrows) (Haematoxyline & Eosine, magnification 160\(\times\))](image)

![Fig. 4 – Ultrastructural findings in proband 1. Free melanosome clusters (mc) in dermis (D) rich in collagen fibers (kv) (TEM, bar 2 \(\mu\)m)](image)

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A proband 2 was a 7-year old boy. He was born after a normal, uneventful pregnancy. Shortly after the birth, vesiculobulous lesions, mainly on the trunk, appeared in several eruptions. These changes resolved leaving hyper- and hypopigmented maculas. When examined for the first time at our institute, he was 2.5 years old. He had hyperpigmented whirl like maculas on his trunk and the right arm and hypopigmented maculas on his right hand (Figure 5). At the age of 7, the presence of verrucoid papulas over the hyperpigmented surface, in the inguinal region were detected. Karyotype was normal, 46,XY.

**Fig. 5 – Skin changes in proband 2**

**Discussion**

IP is more common in females. The most common mutation in IP is a genomic rearrangement resulting in the deletion of a part of the IKBKG gene. These genetic abnormalities are responsible for extreme susceptibility to apoptosis, thus explaining the usual embryonic death in males and the extremely skewed X-chromosome inactivation in females with IP.

Diagnostic selection of IP patients was made according to the Landy and Donnai criteria. These criteria are divided in major and minor. The clinical diagnosis of IP can be made in the presence of at least one of the major criteria. Major criteria consist of skin lesions that occur from infancy to adulthood. Skin lesions usually start with erythema followed by blisters (vesicles) anywhere on the body, except the face, typically in linear distribution. Hyperpigmented streaks and whirls that respect Blaschko lines appear mainly on the trunk and fade in adolescence. Pale, hairless, atrophic linear streaks or patches may be present from adolescence through adulthood. Minor criteria are presented with anomalies of teeth (hypodontia, anodontia, abnormally shaped, cariotic), hair (alopecia, wooly hair), nails (ridging or pitting), retina (revascularization, etc). The presence of minor criteria (dental, eye, hair, and nail anomalies) supports the clinical diagnosis. A complete absence of minor criteria should raise doubt about the diagnosis. Besides major and minor criteria patients should be tested for eosinophilia in the early stages of IP.

We have revealed two male probands who were the one and only affected members in their families with no miscarriages in their family histories. Both cases had the normal karyotype. In one patient, acrocentric chromosomes of the group D had a tendency to forming associations. This may be present in unstable karyotypes. The diagnosis of IP was confirmed by histopathological and ultrastructural analysis. We hypothesized, as our probands had the normal karyotype, that they had either somatic mosaicism or mutations that produce a milder form of IP. Incontinentia pigmenti is usually first diagnosed by a dermatologist because skin changes are the most obvious ones.

The disease severity is extremely variable: none of the methods available, however, would allow one to predict the severity of the disease in the affected fetus. According to the reported male cases in the world literature, it would be expected that male patients are more severely affected than female, but this was not so for the two males that we reported.

**Conclusion**

The application of the same diagnostic criteria is important for the comparison and epidemiological analysis of such a rare disease. The detection of each male IP case is very valuable since the extremely small number of them has been discovered. The monitoring of these probands and their families is important in order to better determine how genetic transmission occurs. Genetic counseling should be made available to all patients and their families.

**REFERENCES**


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