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MULTIDISCIPLINARNO LEČENJE KOMPLEKSNE SKELETNE MALOKLUZIJE III KLASI

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Multidisciplinary treatment of complex skeletal Class III malocclusion
Multidisciplinarno lečenje kompleksne skeletne malokluzije III klase

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Skeletne ortodontske anomalije, pogotovu one sa naglašenom vertikalnom komponentom, uvek predstavljaju izazov za interdisciplinarni pristup u njihovom planiranju i lečenju. Cilj ovog rada je da se prikaže pacijentkinja sa teškom skeletnom anomalijom sva tri pravca (vertikalni, sagitalni i transverzalni).


Ključne reči: III klasa, mandibularni prognatizan, otvoren zagrižaj, laterognatija, ortognatska hirurgija

Sažetak
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Ključne reči: III klasa, mandibularni prognatizan, otvoren zagrižaj, laterognatija, ortognatska hirurgija

Abstract
Skeletal malocclusions, especially those with a prominent vertical component, always present a challenge for the interdisciplinary approach to their planning and treatment. The aim of this report is to present a patient with a complex skeletal deformity in all three directions (vertical, sagittal and transverse).

Method: A twenty-four year old female patient with a skeletal Class III malocclusion, open bite and laterognathia, was firstly treated by orthodontic fixed appliances, whereas the dental decompensation of dentoalveolar structures was carried out and adjusted to their bone structures, thus enabling an adequate and sufficient reposition of the jaw. A surgical correction included bi-maxillary osteotomy due to pronounced vertical cephalometric parameters, necessitating a posterior maxillary intrusion and mandibular repositioning. In that manner, the relapse was prevented and a long-term stable result obtained. In the retention period, the patient wore removable bi-maxillary retention devices.
Conclusion: The combined orthodontic - surgical treatment provided the Class I occlusion with aesthetic and functionally satisfactory results which were envisioned by the treatment plan.

Key words: Class III, mandibular prognathism, open bite, laterognathia, orthognathic surgery

Introduction

Skeletal cranio-dental facial anomalies, especially those with a prominent vertical component, are most often of the heritable etiology and always represent a challenge for the interdisciplinary approach to their planning and treatment. During these malformations’ growth and development, the disharmony of the size of the jaws becomes more and more pronounced and is reflected to the soft facial tissues, creating facial asymmetry, which additionally complicate a clinical picture and the treatment of these patients. A combined surgical-orthodontic treatment is preferable, and this is the only way to obtain a stable functional occlusion, normal skeletal inter-maxillary relation and the aesthetically harmonious tissue profile.

These patients require an adequate differential diagnosis, a detailed clinical examination, careful analysis and a treatment plan, provided by professionals of different specialties, as well as the defined indications and contraindications for the different treatment modalities in order to determine the preferable treatment.1,2.

The most frequent reason why these patients come for advice is that of aesthetic nature, but at the same time it is a difficult mastication function. Temporomandibular dysfunctions are also frequently represented in the clinical picture in these patients, especially in those with a facial asymmetry and psychological and social handicaps of different kinds3.

The purpose of this report is to present the results of a multidisciplinary treatment of a patients with cranio-dental facial deformities in all three direction- sagittal (Class III), vertical (open bite) and transverse (cross bite and facial asymmetry).
Case Report

A twenty-four year old female patient with a facial asymmetry and the increased lower third of the face had a facial asymmetry of functional type with a slightly concave profile and the anterior lower third of the face. Clinical findings confirmed dental Class III with a narrow maxilla, open bite, crowding in both sets of teeth, increased vertical dimensions of the face and lateral cross-bite on the right side. The cephalometric analysis revealed skeletal Class III (ANB = -1), maxillary retrognatism (SNA = 79) (SNB = 80), increased vertical facial parameters, suggesting divergent Class III (B = 42, 45 = SNMP, Bjork = 407). In addition, the presence of dentoalveolar compensatory mechanism was found in terms of the upper protrusion and retrusion of lower incisors (Figure 1a, b).

Therapy goals

The global objective of orthodontic pre-surgical treatment was to correct inter-maxillary relationships in all three directions (sagittal, vertical and transversal), and later, to surgically close the bite and reduce the lower third of the face, remove the facial asymmetry and regulate the sagittal inter-maxillary relationships into the position of Class I. Prior to this, it was necessary to expand the upper jaw and thereby remove the interference that created the cross-bite and the facial asymmetry, solve the problem of dental anxiety and thus provide conditions for surgical correction.

In pre-surgical orthodontic phase of the treatment, decompensation of dentoalveolar arches was carried out, which means that the upper jaw was expanded, the upper incisors were retruded, whereas the lower incisors were protruded (RPE + Roth .0.022 ”). By expansion of the upper jaw and protrusion of the lower incisors, the space in both sets of teeth was obtained in order to resolve a dental anxiety. In this manner, we provided conditions for the adequate and sufficient surgical reposition of the jaws.

During the orthodontic treatment phase, the control models were occasionally made in order to check the possibilities of a surgical repositioning and when that possibility was established, the surgical arches 0.019x0.025 SS were placed with the surgical hooks, which were used for a tighter inter-maxillary fixation. Based on cephalometric assessments, two splints were made, which were used to position the jaws during surgery.
A surgical correction included the ante-positioning of the maxilla, intrusion of the maxillary posterior segments, the counterclockwise rotation and posterior placement of the mandible, which required a bi-maxillary surgical procedure (Le Fort I, BSSO). The postsurgical orthodontic treatment enabled us to delicately fix the problem by inter-maxillary rubber bands, causing a state of the maximum intercuspation, as one of the most important factors of the reliability of the results. In this way, the relapse was prevented and the long-term reliable results were obtained. In the retention period, the patient wore the bi-maxillary mobile retention appliances.

**Results**

Functionally and aesthetically satisfactory occlusion and normal horizontal and vertical overbite were achieved, the middle point of dental arches was corrected and the skeletal Class I ratio was obtained (Figure 2). By removing the facial asymmetry, as well as vertical and sagittal skeletal disharmony, the facial aesthetics was significantly improved, whereas the normal function was enabled. The most cephalometric parameters measured before and after the treatment showed differences and were closer to the reference values (Figure 3a-c and Table 1).

**Discussion**

Skeletal Class III malocclusion with the open bite and the divergent growth pattern is one of the most difficult skeletal anomalies to treat. The best results are achieved by the usage of bi-maxillary surgical procedure and repositioning of both jaws, which results in reduction of both, sagittal and vertical discrepancies. The persistence of the results is achieved by reduction of the posterior maxillary hyperplasia, which is always present in patients with a divergent facial type. Therefore, the intrusion of the maxillary posterior segments enables the mandible to be rotated around its axis when the bite is surgically closed and thus the lower third of the face is reduced, as it was the case in the patient presented in this report.

It is necessary to establish the exact localization of the problem in patients with skeletal Class III and a facial asymmetry. The etiology of facial asymmetry is often unclear and
may be multifactorial. Therefore, it is very important to make an accurate assessment at the beginning of the treatment. It can be congenital, skeletal or developed later due to some local etiological factors or simply dental.\textsuperscript{7}

Class III malocclusions which are not part of the syndrome and the cleft facial asymmetry are most often the result of narrowness, usually a hypoplastic maxilla or the simple mandible deviation due to its higher growth potential\textsuperscript{8}. As dental compensation is present in Class III patients in the form of protrusion of the upper and retrusion of the lower incisors in the sagittal direction, there is also the dental compensation in the form of molar inclination, the shape of dental arches and the lateral overjet in the transverse direction in patients with the facial asymmetry and deviation of the mandible\textsuperscript{7,9,10,11}.

In the patient presented in this report, the facial asymmetry was caused by the narrowness of the upper jaw, whereas the abovementioned transversal dental compensation was present as well, which was necessary to be corrected before surgical repositioning in order to obtain a correct and stable occlusion. The results shown in figure 2 were made two years after the completion of the entire orthodontic-surgical treatment, which supports the reliability of the results.

**Conclusion**

The orthodontic surgical therapy is required in patients with the complex cranio-dental facial deformities in all three directions. The surgical phase of the treatment should be planned after the completion of growth. Thus, the postsurgical subsequent growth would not compromise the obtained results because these deformities are of the developmental nature. The success and particularly the reliability of the results depend on the correct diagnosis, clinical experience and the treatment planning.
References

Figure 1a. Pre-treatment intraoral photographs

Figure 1b. Pre-treatment dental models
Figure 2. Post-treatment intraoral photographs

Figure 3a. Pre-treatment and post-treatment facial photographs show good facial and esthetic balance
Figure 3b. Pre-treatment and post-treatment profile photographs show good facial and esthetic balance

Figure 3c. Pre-treatment and post-treatment lateral cephalometric radiographs
Table 1. Comparison of pre- and post-treatment cephalometric values

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