The efficacy of moxifloxacin in patients with bacterial keratitis
Efikasnost primene moksifloksacina kod bolesnika sa bakterijskim keratitismom


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Abstract

Background/Aim. Keratitis is a sociomedical problem of moderately developed countries, including Serbia, too. The incidence of bacterial keratitis in the world is about 20% in relation to all keratitis, but its frequency in Serbia is still not known. Bearing in mind the complications in the front segment of the eye after bacterial keratitis (ulcer, neovascularization, fibrosis) and decline in visual acuity, it was necessary to assess the efficacy of local therapy by moxifloxacin which will shorten the healing time and reduce complications. The aim of the study was to analyze the efficiency of shortening the treatment of bacterial keratitis with moxifloxacin. Methods. The study was designed as prospective, randomized, double-blind study. The study included 30 patients with diagnosed keratitis and locally applied antibiotic moxifloxacin, and 60 patients in a control group, with locally applied artificial tears. All participants were subjected to complete clinical ophthalmologic analysis (2015/16), for a period of 1–15 days after the application of therapies (healing time of corneal pathology). The following was determined in all patients: degree of hyperemia, degree of epithelial defect, level of corneal sensitivity, level of tear secretion and tear quality, degree of conjunctival secretion, degree of neovascularization and corneal scarring, degree of visual acuity, score of subjective symptomatology and correlation of ophthalmologic findings and subjective symptoms. Results. There was a statistically significant difference in times of therapeutic efficacy/clinical response between the study group patients who received moxifloxacin and the control group patients who received artificial tears. Conclusion. Local application of moxifloxacin had therapeutic effect (total benefit) both in terms of the effective shortening of the healing time and also the reduction of the complications of bacterial keratitis, without unwanted effects.

Key words: keratitis; moxifloxacin; bacterial infections; treatment outcome.

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Ključne reči: keratitis; moksifloksacina; infekcija, bakterijska; lečenje, ishod.
Introduction

Keratitis is an acute or chronic inflammation of the cornea which is medically significant, clinically clearly rated as sufficiently specific and important in diagnosis and therapy. The incidence of bacterial keratitis in the world is about 20% in relation to all keratitis 1. Bacterial keratitis, after the herpetic keratitis transactions, is most common in the developed world (30,000 cases per year in the USA (8:100,000) 2, 3. Frequency of incidence in Serbia is still unknown.

The clinical picture of bacterial keratitis is characterized by relatively non-specific symptoms 1. Bacterial keratitis is characterized by generally good clinical prognosis and often is monocural 4. With regard to innervation the cornea is one of the most sensitive tissues, innervated by the sensitive nerves. Epithelization of cornea defect shows not only control “eye score”, but also neurotrophic rehabilitation in patients with bacterial keratitis/ulcer 4, 5.

Moxifloxacin is an antibiotic belonging to the 4th generation of fluoroquinolones and an antibacterial agent in the local treatment of bacterial keratitis and/or conjunctivitis. It covers a spectrum of gram positive, gram negative, anaerobic and atypical microorganisms inhibiting topoisomerase II - DNA gyrase and topoisomerase-IV. Both enzymes are necessary for DNA replication, repair and recombination of bacterial microorganisms 6.

Moxifloxacin has excellent penetration through the cornea and conjunctiva, destroys pathogens quickly and efficiently, and it is characterized by low level of development of potential adverse effects as well as by low level of resistance. It is well tolerated clinically when applied locally and its effect is parallel to “ocular discomfort”, caused by application of artificial tears, or placebo 6, 9.

The aim of this study was to investigate whether the local application of moxifloxacin in patients with bacterial keratitis can effectively accelerate corneal epithelialization, or soft cure with a reduction of complications, in comparison with local placebo treatment (artificial tears).

Methods

The study was designed as a prospective, randomized, double-blind, clinical study. The study involved patients with acute bacterial keratitis diagnosed according to clinical protocols in the period 2015/16, and treated at the Clinic of Ophthalmology in the Clinical Center “Kragujevac”, Kragujevac, Serbia. The study group included 30 hospitalized patients, aged 7–70 years (average age 44.2 ± 15.8 years). The study period of 15 days were analyzed by the Friedman’s test. Frequency of incidence in Serbia is still unknown.

We analyzed the intensity of fluorescein (Fl)-staining defects of the cornea (epithelium/stroma, larger lesions, equal or smaller than 2 mm, of the slit-lamp (evolution of keratitis in ulcer) with standardized gradation: Fl ++, Fl +++, Fl +, Fl – 11–19.

The presence/absence and occurrence/evolution of the eye-hyperemia (conjunctival, ciliary, mixed), presence/absence of macro-characteristics and degree of conjunctival secretion, the presence/absence and type of pannus (superficial, deep, mixed), presence/absence, type and degree of scar-formation (nubecula, macula, leucom) were analyzed on the slit-lamp 23–25. We analyzed the visual acuity (Snellen optotype) from causal minus (fall), through the normal/unchanged, until normal/enhanced (increased) functional visual acuity (with and/or without correction).

Analyses of subjective symptoms with elimination of pain/burning, foreign body sensation and reduction of epiphora, blepharospasm and photophobia (trias irritative symptoms), i.e. discomfort (answers to questions from the authentic questionnaires with the score-system: 0 - no, 1 - discreetly, 2 - expressed, 3 - intense) were done 26–28.

On the basis of composite to monocular clinical findings/analysis in controls by day, bacterial keratitis was categorized as cured or uncured (dihotona binary variable), and the final outcome was assessed 15 days after the beginning of the local therapy with moxifloxacin or artificial tears, as healed or not healed (progressive phase of active lesions, regressing and healing). All parameters were analyzed before starting drug application, or artificial tears as well as 3, 6, 9, 12 and 15 days from the beginning of treatments.

To calculate the sample size, the software package G-Power 3.1.7. was used - studies on power (1-β) = 0.8, α = 0.05 for the Student’s t-test. For statistical analysis authors used SPSS (Statistical Package Social Sciences) program 18.0 for Windows. The differences of parameters through the study period of 15 days were analyzed by the Friedman’s test, and the differences between the study and control group of patients were analyzed by the Mann Whitney test. The correlation between some variables were tested by bivariate correlation test, Pearson’s and Spearman’s coefficients.

Procedure of the study was conducted in accordance with the ethical standards of Committee for Experiments on

Humans (Helsinki Declaration) and with consent of the competent Ethic Committee in the Clinical Center „Kragujevac“.

Results

The study analyzed the degree of hyperemia determined as mild, moderate or severe hyperemia. Before the therapy in the study group 7 (23.3%) patients had mild hyperemia, 11 (36.7%) patients had moderate and 12 (40%) patients had severe hyperemia. In the control group, 15 (25%) patients had mild, 18 (30%) patients had moderate and 27 (45%) patients had severe hyperemia. There was a statistically significant reduction in the degree of hyperemia in the group of patients treated with the antibiotic during the observation period of 15 days \((p < 0.001)\). In contrast, it was shown that there was a statistically significant increase in the degree of hyperemia in the control group \((p < 0.001)\).

Using mutual comparison of the values of hyperemia in the study and control group a significant progressive decrease in the degree of hyperemia in the study group, and an increase in hyperemia in the control group starting from the 6th day \((p < 0.001)\) were found (Table 1).

The study also analyzed the degree of damage of the cornea, determined as mild \((< 2 \text{ mm})\), moderate \((2 \text{ mm})\) and severe defects \((> 2 \text{ mm})\). In the study group, 8 (26.7%) patients had mild degree of corneal damage, 7 (23.3%) patients had moderate and 15 (50%) patients had high degree of damage of the cornea. In the control group, 17 (28.3%) patients had mild degree of corneal damage, 17 (28.3%) patients had moderate and 26 (43.3%) patients had high degree of corneal damage. There was a statistically significant reduction in the degree of the cornea damage in the study group \((p < 0.001)\). In contrast, it was shown that there is a statistically significant increase in the degree of corneal damage in the control group of patients \((p < 0.001)\). Using mutual comparison of the corneal defect degree in the study group and control group it was found that 3 days after the treatment, there was statistically significant difference in the severity of defects between these two groups of patients starting from the 6th day \((p < 0.001)\) (Table 1).

The degree of sensitivity preservation was represented as anesthesia, hypoesthesia and maintained sensitivity. Before the treatment in the study group, 2 (6.7%) patients had anesthesia, 3 (10%) patients had hypoesthesia, and 15 (83.3%) patients had maintained sensitivity. In the control group of patients, 2 (3.3%) patients had anesthesia, 5 (8.3%) patients had hypoesthesia, and 53 (88.4%) patients had maintained sensitivity. By processing the obtained data, there was found a statistically significant increase in the degree of sensitivity preservation in the study group of patients \((p < 0.001)\). In contrast, statistically significant reduction was shown in the degree of preservation of sensitivity in the control group \((p < 0.001)\). Fall of corneal sensitivity had a progressive character.

Using mutual comparison of the value of sensitivity preservation in the study and control group the significant differences was found throughout all study period \((p < 0.001)\) (Table 1).

The degree of tear secretion was analyzed by Schirmer-test, and the results displayed as reduced amount of tears, a normal amount of tears and increased amount of tears. Before the use of the antibiotic in the study group, 3 (10%) patients had a reduced amount of tears, 9 (30%) patients had normal and 18 (60%) patients had increased amount of tears. In the control group, 3 (5%) patients had reduced amount of tears, 26 (43.3%) patients had normal and 31 (51.7%) patients had increased amount of tears. Processing the obtained data, there was statistically significant reduction in the amount of tears in the study group \((p < 0.001)\). In contrast, it was shown that there was a statistically significant increase in the secretion of tears in the control group \((p < 0.001)\). Using mutual comparison of the value of the quantity of tears it was found a statistically significant difference in the secretion of tears between the two groups \((p = 0.009)\) (Table 1).

The quality of the tear film (TBUT test) was analyzed and classified as bad quality, poor quality and good quality. Before the use of the antibiotic in the study group, 8 (26.7%) patients had bad quality, 20 (66.7%) patients had poor quality and 2 (6.6%) patients had good quality of the tear film. In the control group of patients prior to the treatment, 16 (26.7%) patients had bad quality, 35 (58.3%) patients had poor quality and 9 (15%) patients had good quality of the tear film. By processing the data obtained it was found a statistically significant improvement in the quality of tear film in the study group \((p < 0.001)\). It was shown a statistically significant reduction in the quality of the tear film in the control group \((p < 0.001)\). Using mutual comparison of the value of the tear film between the two groups of patients statistically significant difference was found starting from the 3rd day of the treatment \((p = 0.033)\) (Table 1).

The degree of conjunctival secretion was determined as poor, moderate and abundant secretion. Before the use of the antibiotic in the study group, 2 (6.7%) patients had no conjunctival secretion, 8 (26.7%) patients had scant secretion, 15 (50%) patients had moderate and 5 (16.6%) patients had abundant secretion. In the control group, 5 (8.3%) patients had no secretion, 19 (31.6%) patients had meager secretion, 10 (16.7%) patients had moderate and 26 (43.4 %) patients had abundant secretion. By processing the data obtained a statistically significant reduction in the degree of conjunctival secretion was found in the group of patients treated with the antibiotic \((p < 0.001)\). In contrast, a statistically significant increase in the degree of conjunctival secretion was shown in patients treated with artificial tears \((p < 0.001)\). Mutual comparison of the value of conjunctival secretion showed the significant differences in the severity of conjunctival secretion between the two groups of patients starting from the 3rd day of the treatment \((p = 0.012)\) (Table 1).

The study analyzed the presence or absence, and the degree of corneal neovascularization (determined as surface, deep and mixed). Before the use of antibiotics in the study group, 10 (33.3%), patients were without elements of neovascularization, 14 (46.7%) patients had surface, 4 (13.3%) patients had deep and 2 (6.7%) patients had mixed corneal neovascularization. In the control group, 22 (36.7%) patients had no neovascularization, 30 (50%) patients had superficial,
5 (8.3%) patients had deep and 3 (5%) patients had mixed neovascularization. After processing the obtained data it was found that there was a statistically significant reduction in the degree of neovascularization in the group of patients treated with the antibiotic ($p < 0.001$). In contrast, it was shown a statistically significant increase in the degree of neovascularization in patients treated with artificial tears ($p < 0.001$).

Using mutual comparison of the corneal neovascularization values in the study and control group, significant differences were found in the severity of these complications between the two groups of patients starting from the 3rd day of the treatment ($p = 0.025$) (Table 1).

The study analyzed the presence or absence (0) scar formations and change (determined as nubecula, macula and leucom). Before the use of the antibiotic in the study group, 15 (50%) of patients had no scars change, 11 (36.7%) patients had nubecula, 3 (10%) patients had macula, and 1 (3.3%) patient had leucom. In the control group, 35 (58.3%) patients were without scars change, 19 (31.6%) patients had nubecula, 3 (5%) patients had macula and 3 (5.1%) patients had leucom. By processing the obtained data a statistically significant severity reduction in scars changes was found in the group of patients treated with the antibiotic ($p < 0.001$). In contrast, a statistically significant increase in severity of scar changes was shown in the control group ($p < 0.001$).

Using mutual comparison of scars weight changes severity in the study and control group, a significant difference between them was found in prevalence of scar changes starting from the 3rd day of the study period ($p < 0.001$). The prevalence of scars reduction was shown in the study group ($p < 0.001$) (Table 1).

We studied the functional visual acuity (determined as poor/reduced from 0.01–0.1, less 0.2–0.5 and good/improved 0.6–1.0). Before the use of the antibiotic in the study group, 23 (76.7%) patients had poor visual acuity, 6 (20%) patients had lower and 1 (3.3%) patient had good visual acuity. In the control group of patients, 31 (51.7%) patients had poor visual acuity, 12 (19.5%) patients had lower and 5 (8.3%) patients had good visual acuity. By processing the obtained data there was a statistically significant improvement found in visual acuity in patients treated with the antibiotic ($p < 0.001$). There was a statistically significant decrease in functional visual acuity found in patients treated with artificial tears ($p < 0.001$). Using mutual comparison of visual acuity in the

### Table 1

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<th>Parameter</th>
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<td>1.98 ± 0.63</td>
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<td>2.90 ± 0.25</td>
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<td>1.89 ± 0.19</td>
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<td>2.37 ± 0.62</td>
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<td>2.85 ± 0.33</td>
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<td>1.43 ± 0.51</td>
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<td>1.25 ± 0.68</td>
<td>0.90 ± 0.54</td>
<td>0.43 ± 0.56</td>
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<td>0.24 ± 0.49</td>
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<td>0.64 ± 0.68</td>
<td>0.60 ± 0.51</td>
<td>0.39 ± 0.47</td>
<td>0.28 ± 0.53</td>
<td>0.20 ± 0.52</td>
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<tr>
<td>control group</td>
<td>0.62 ± 0.52</td>
<td>0.79 ± 0.76</td>
<td>1.20 ± 0.53</td>
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<tr>
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<td>1.35 ± 0.41</td>
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<td>2.08 ± 0.66</td>
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<td>1.20 ± 0.48</td>
<td>1.17 ± 0.34</td>
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**tBUT** – tear breakup time.
study group and the control group, a statistically significant difference was found in the functional visual acuity between the two groups of patients \((p < 0.001)\) (Table 1).

The study analyzed the subjective symptomatology testing the presence of the pain/tingling feeling \((0\)-absent/none, 1-discreet, 2-expressed, 3-intensive\), the presence of foreign body feeling \((0\)-absent/none, 1-discreet, 2-expressed, 3-intensive\) and the presence of irritative trias \(\)blepharospasm, epiphora, photophobia: 0-absent/none, 1-discreet, 2-expressed, 3-intensive\). The results were then interpreted in relation to the score of subjective symptoms \(0\)-9. Scores were analyzed before and after the therapy. Statistically significant reduction in the severity of subjective symptoms was found 15 days after the antibiotic treatment \((p < 0.001)\). The average value score before administration of the antibiotics was \(7.7 \pm 0.73\) and after the therapy \(1.66 \pm 0.82\). In contrast, in the control group there was no statistically significant changes in subjective symptoms after application of artificial tears \((7.52 \pm 1.07 \text{ vs. } 7.37 \pm 0.59)\) \((p = 0.357)\). Using mutual comparison of the scores in the study and control group, significant differences in the severity of subjective symptoms were found \((p < 0.001)\) (Figure 1).

**Discussion**

Modern clinical studies confirm that the 4th generation of fluoroquinolones have advantage over the previous generations against gram positive bacteria 29. For example, moxifloxacin compared with non-fluoroquinolones antibiotics “kills” faster *Staphylococcus aureus*, *Streptococcus pneumoniae* and *Haemophilus influenzae* 30.

The leading multicenter studies use moxifloxacin as fast and effective treatment of bacterial keratitis/ulcer, as we used in our study 31–33.

Many studies suggest different procedures available for purchase, the regime of antibiotic applications and different concentrations of pharmacological preparations for remediation of bacterial inflammation - keratitis 39, 40. Respecting the principles of good clinical practice in the treatment of bacterial keratoconjunctivitis, there is a need to find new and/or alternative therapies which should bring overall benefits than current therapeutic options could do, including part-time as local steroid and/or combination of treatments 34, 35. In our study we did not have any needs to use a cortisteroid for the treatment. It is encouraging to note that the early effects achieved with moxifloxacin “in vitro/in vivo” are therapeutic soluti-

![Subjective symptomatology](image)  
**Fig. 1 – Subjective eye-symptoms (score) in the study and control group before and after therapy.**  
(Study group – treated with local application of moxifloxacin; Control group – treated with arteficial tears).

We also analyzed the relation between the objective ophthalmologic findings and subjective symptoms. There was a statistically significant correlation between differences of the subjective symptoms score before and after the treatment and the degree of corneal sensitivity \((r = 0.365, p = 0.038)\), the level of secretion of tears \((r = 0.510, p = 0.042)\), the quality of the tear film \((r = 0.587, p = 0.037)\), the degree of neovascularization \((r = 0.916, p = 0.009)\), the level of scars complications \((r = 0.688, p = 0.033)\), the degree of preservation of functional visual acuity \((r = 0.748, p = 0.025)\). There was no statistically significant correlation between sub-

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not indicated for any of our patients. On the other hand, a cer-
tain pharmacological effects of fluoroquinolones on nervous
tissue which belongs to moxifloxacin, could compromise the
expected benefit in the treatment of the corneal inflammation.
Recently it has been discovered that moxifloxacin inhibits fib-
roblast to myofibroblast differentiation, i.e. produces anti-
fibrotic effect improving corneal wound healing.

Fluoroquinolones have an improved bactericidal effect against
gram positive microorganisms, and reduced risk of
phototoxicity and adverse events in relation to the previous
quinolone generations. Moxifloxacin resistance deve-
lops slowly. Its adverse reactions were generally mild, at
rate similar to placebo (artificial tears) (transient ocular dis-
comfort – mild discomfort of 2.9%) 43, 44, 46.

Conclusion

Moxifloxacin had significant therapeutic effect (total benefit) both in terms of the effective shortening time of healing
(epithelization corneal defects real fast) and reduction of complications of bacterial keratitis, without unwanted
effects.

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