The high fluoride level in drinking water has become a critical health hazard of this century as it induces intense impact on human health including skeletal and dental fluorosis [1]. Though fluoride is an essential constituent for both humans and animals, it can be either beneficial or detrimental to human health depending on the level of fluoride in drinking water [2]. In India, this problem is common in places such as Andhra Pradesh, Tamilnadu, Karnataka, Kerala, Rajasthan, Gujarat, Uttar Pradesh, Punjab, Orissa and Jammu and Kashmir [3]. The free fluoride level in drinking water was identified at 3.02 mg/L in Kadayam block of Tamilnadu [4]. A fluoride survey in Nilakottai block of Tamilnadu showed a positive correlation between the prevalence of dental fluorosis in children and levels of fluoride in portable water is 3.24 mg/L [5].

Adsorption is one of the significant techniques in which fluoride is adsorbed onto a membrane, or a fixed bed packed with resin or other mineral particles. Many natural and low cost materials such as red mud [6,7], zirconium impregnated coconut shell carbon [8], cashew nut shell carbon [9], ground nut shell carbon [10] and clays [11] have been used as adsorbents for fluoride removal from drinking water. Recently, amorphous alumina supported on carbon nanotubes [12], aligned carbon nanotubes [13], ion exchange polymeric fiber [14], and an ion exchanger based on a double hydrous oxide of Al and Fe (Fe₂O₃Al₂O₃×H₂O) [15] have been assayed for removing fluoride from drinking water as well as industrial wastewater.

Thus, it is important to develop or find cheaper adsorbents for fluoride removal from water that have greater fluoride adsorption capacities like the above said adsorbents. This paper concentrates on investigating low cost materials for fluoride sorption which can effectively remove fluoride from aqueous solutions at a relatively low level. The novel adsorbent obtained by burning, carbonization and thermal activation of the Cynodon dactylon, possesses an appreciable defluoridation efficiency. The thermally activated carbon should have a high surface area and strong sorption capacity towards various sorbates [16]. This adsorbent is abundantly available in all dry and wet lands in huge amount. We report here the results of defluoridation studies using Cynodon dactylon. This study leads to the assumption that fluoride deposition occurs by the forces of adsorption over the surface of the activated carbon and this was characterized by the surface morphological studies of the adsorbent material. In addition, the dynamics and kinetics of the adsorption process are discussed.

EXPERIMENTAL

Adsorbent preparation

The Cynodon dactylon sample, common name Bermuda grass, was collected from nearby Western Ghats area and washed thoroughly with double distilled water. The material was then kept aside for shade dry and then dried at 378–383 K for 24 h. It was washed with doubly distilled water in order to remove the free acid and dried at the same temperature for 3 h. Later, the dried adsorbent was thermally activated in Muffle furnace at 1073 K (here we avoid acid treatment for charring). The resulting product was cooled to room temperature and sieved to the desired particle sizes, namely, <53, 53–106, 106–150, 150–225 and 225–305 mesh. Finally, the product was stored in vacuum desiccators until required.

Sorption experiments

The sorption isotherm and kinetics experiments were performed by batch adsorption experiments and were carried out by mixing 1.25 g (obtained by the study effect of adsorbent dose) of sorbent with 100 mL of sodium fluoride containing 3 mg/L as initial fluoride
concentration. The mixture was agitated in a thermostatic shaker at a speed of 250 rpm at room temperature. The defluoridation studies were conducted for the optimization of various experimental conditions like contact time, initial fluoride concentration, adsorbent dose, particle size and influence of co-ions with fixed dosage. The reagents used in this present study are of analytical grade. A fluoride ion stock solution (100 mg/L) was prepared and other fluoride test solutions were prepared by subsequent dilution of the stock solution. All the experiments were carried out at room temperature. Fluoride ion concentration was measured with a specific ion selective electrode by use of total ionic strength adjustment buffer II (TISAB II) solution to maintain pH 5–5.5 and to eliminate the interference effect of complexing ions [9]. The pH of the samples was also measured by Orion ion selective equipment. All other water quality parameters were analyzed by using standard methods [17]. The kinetic studies of the sorbent were carried out in a temperature controlled mechanical shaker. The effect of different initial fluoride concentrations, viz., 2, 4, 6, 8 and 10 mg/L at four different temperatures, viz., 303, 313, 323 and 333 K on sorption rate were studied by keeping the mass of sorbent as 1.25 g and volume of solution as 100 mL in neutral pH.

The fluoride concentration retained in the adsorbent phase, $q_e$ (mg/g), was calculated according to [18]:

$$ q_e = \frac{c_0 - c_e}{W} \tag{1} $$

where $c_0$ and $c_e$ are the initial and residual concentration at equilibrium (mg/L), respectively, of fluoride in solution; and $W$ is the weight (g) of the adsorbent.

**Characterization of sorbents**

The physicochemical properties of the activated carbon are shown in Table 1. The X-ray diffraction (XRD) pattern of adsorbent was obtained using a Bruker AXS D8 Advance, Inst ID: OCPL/ARD/26-002 X-ray diffractometer. Fourier transform infrared (FTIR) spectra were recorded using a Nicolet 6700, Thermo Electronic Corporation, USA, spectrophotometer. The scanning electron microscopy (SEM) analysis performed using a Philips XL-20 electron microscope. Computations were made using a Microlcal Origin (Version 6.0) software.

The accuracies of fits are discussed using regression correlation coefficient, $r$, and chi-square analysis (SSE). The chi-square statistic test is basically the sum of the square of the difference between the experimental data and data obtained by calculating from the models, with each squared difference divided by the corresponding data obtained by calculating from the models. The equivalent mathematical statement [19] is:

$$ \chi^2 = \sum \frac{(q_e - q_{e,m})^2}{q_{e,m}} \tag{2} $$

where $q_{e,m}$ is equilibrium capacity obtained by calculating from the model (mg/g), and $q_e$ is experimental data of the equilibrium capacity (mg/g).

**Theory of isotherm and kinetic modeling**

The abilities of four widely used isotherms, the theoretical Langmuir, empirical Freundlich, Temkin and Redlich–Peterson isotherms, to model the adsorption equilibrium data were examined. To express the mechanism of fluoride adsorption onto the surface of adsorbent, the kinetic models pseudo-first-order, pseudo-second-order, intra particle diffusion, Elovich models and thermodynamic parameters are used to analyze the present adsorption data to determine the related kinetic parameters.

The Langmuir adsorption isotherm [20], perhaps the best known of all isotherms, is often applied in solid/liquid systems to describe the saturated monolayer adsorption. It can be represented as:

$$ q_e = \frac{q_m K_a c_e}{1 + K_a c_e} \tag{3} $$

where $q_m$ is $q_e$ for a complete monolayer (mg/g); $K_a$ is the adsorption equilibrium constant (L/mg). To evaluate the adsorption capacity for a particular range of adsorbate concentration, the aforementioned equation (Eq. (3)) can be used in the following linear form:

$$ \frac{c_e}{q_e} = \frac{1}{q_m} + \frac{1}{K_a q_m} \frac{1}{c_e} \tag{4} $$

The constants $q_m$ and $K_a$ can be determined by Eq. (4) from the slope of the linear plot of $c_e/q_e$ versus $c_e$.

<table>
<thead>
<tr>
<th>No.</th>
<th>Physical parameter</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Surface area, m$^2$/g</td>
<td>7.3</td>
</tr>
<tr>
<td>2</td>
<td>Density, g/cm$^3$</td>
<td>1.13</td>
</tr>
<tr>
<td>2</td>
<td>Particle size, µm</td>
<td>&gt;53</td>
</tr>
<tr>
<td>3</td>
<td>Specific volume, dm$^3$/kg</td>
<td>0.885</td>
</tr>
<tr>
<td>4</td>
<td>Moisture, mass %</td>
<td>20.32</td>
</tr>
<tr>
<td>5</td>
<td>Ash content, mass %</td>
<td>39.44</td>
</tr>
</tbody>
</table>
Freundlich adsorption isotherm [21], based on adsorption on heterogeneous surface is the earliest known relationship describing the adsorption equilibrium and is given by:

\[ q_e = K_f c_e^n \]  

(5)

where \( K_f \) and \( 1/n \) are empirical constants, indicating the adsorption capacity and adsorption intensity, respectively. Equation (5) may be converted to a linear form by taking logarithms:

\[ \log q_e = \log K_f + \frac{1}{n} \log c_e \]  

(6)

The plot of \( \log q_e \) versus \( \log c_e \) of Eq. (6) should result in a straight line. From the slope and intercept of the plot, the values for \( n \) and \( K_f \) can be obtained.

The Temkin isotherm [22], the simple form of an adsorption isotherm model, has been developed considering the chemisorption of an adsorbate onto the adsorbent, is represented as:

\[ q_e = a + b \log c_e \]  

(7)

where \( q_e \) and \( c_e \) have the same meaning as noted previously and the other parameters are called the Temkin constants. The plot of \( q_e \) versus \( \log c_e \) will generate a straight line. The Temkin constants \( a \) and \( b \) can be calculated from the slope and intercept of the linear plot.

The Redlich–Peterson isotherm [23] contains three parameters and incorporates the features of the Langmuir and Freundlich isotherms. It can be described as follows:

\[ q_e = \frac{A c_e}{1 + B c_e^n} \]  

(8)

Equation (8) can be converted to a linear form by taking natural logarithms:

\[ \ln \left( \frac{A c_e}{q_e} - 1 \right) = \ln A + \ln c_e + \ln B \]  

(9)

The three isotherm constants, \( A \), \( B \), and \( g \) (0 < \( g < 1 \)), can be evaluated from the linear plot represented by Eq. (9) using a trial and error optimization method [24].

The pseudo-first-order kinetic model, the Lagergren rate equation, has been the most widely used rate equation for assigning the adsorption of an adsorbate from a liquid phase since 1898 [25]. The linear form of the pseudo-first-order rate equation is represented as:

\[ \log(q_e - q_t) = \log q_e - \frac{k_1}{2.303} t \]  

(10)

where \( q_t \) is the adsorption capacity (mg/g) at time \( t \); \( k_1 \) (min\(^{-1}\)) is the rate constant of the pseudo-first-order adsorption reaction. The plot of \( \log(q_e - q_t) \) versus \( t \) should give a straight line from which \( k_1 \) and \( q_e \) can be calculated from the slope and intercept of the plot, respectively.

The pseudo-second-order model was developed by Ho and McKay [26] to describe the adsorption of some metal ion onto the adsorbent. The linear form of the pseudo-second-order adsorption kinetic rate equation is expressed as:

\[ \frac{t}{q_t} = \frac{1}{k_2 q_e^2} + \frac{t}{q_e} \]  

(11)

where \( q_e \) and \( q_t \) have the same meaning as mentioned previously, and \( k_2 \) is the rate constant for the pseudo-second-order adsorption reaction (g/mg min\(^{-1}\)). The value of \( q_e \) and the pseudo-second-order rate constant, \( k_2 \), can be calculated from the slope and intercept of the straight line obtained from the plot of \( t/q_t \) versus \( t \). The initial adsorption rate can be obtained as \( q_t/t \) when \( t \) approaches zero:

\[ h_0 = k_2 q_e^2 \]  

(12)

where \( h_0 \) is the initial adsorption rate (mg/g min\(^{-1}\)).

In intraparticle diffusion model [27], the adsorbate moves from the solution phase to the surface of the adsorbent particles in several steps. The overall adsorption process may be controlled by one or more steps (e.g., film or external diffusion, pore diffusion, surface diffusion and adsorption on the pore surface, or a combination of more than one step). In a rapidly stirred batch process of adsorption, the diffusive mass transfer can be related by an obvious diffusion coefficient, which will fit experimental adsorption rate data. Normally, a process is diffusion-controlled if its rate is dependent on the rate at which components diffuse toward each other. The possibility of intraparticle diffusion was explored using the intraparticle diffusion model:

\[ q_t = k_{id} t^{1/2} + C \]  

(13)

where \( k_{id} \) is the intraparticle (pore) diffusion rate constant (mg/g min\(^{0.5}\)) and \( C \) is the intercept that gives an idea about the thickness of the boundary layer. The larger the value of \( C \), the greater the boundary-layer effect.

Elovich model [28], which is based on chemisorption phenomena, is expressed as in a linear equation [29] as:

\[ q_t = \beta \ln \alpha \beta + \frac{1}{\beta} \ln t \]  

(14)

where \( \alpha \) is the initial sorption rate (mg/g min\(^{-1}\)) and \( \beta \) is the desorption constant (g/mg) during the experiment. From the intercept and slope of the straight line obtained from the plot of \( q_t \) versus \( \ln t \), the values for \( \alpha \) and \( \beta \) were calculated.
Thermodynamic parameters. The thermodynamic parameters for the adsorption process in solution have been calculated using the following standard thermodynamic relations:

\[ \Delta G^\circ = -RT \ln K_0 \]  

where \( \Delta G^\circ \) is the standard free energy change (kJ/mol), \( T \) is the temperature (K) and \( R \) is universal constant (8.314 J mol\(^{-1}\) K\(^{-1}\)). The sorption distribution coefficient, \( K_0 \), for the sorption reaction was determined from the slope of the plot \( \ln \left( \frac{q_e}{c_e} \right) \) against \( c_e \) at different temperatures and extrapolating to zero \( c_e \) [10].

The sorption distribution coefficient may be expressed in terms of \( \Delta H^\circ \) and \( \Delta S^\circ \) as a function of temperature:

\[ \ln K_0 = \frac{\Delta H^\circ}{RT} + \frac{\Delta S^\circ}{R} \]  

where \( \Delta H^\circ \) is the standard enthalpy change (kJ/mol) and \( \Delta S^\circ \) is the standard entropy change (kJ mol\(^{-1}\) K\(^{-1}\)). The values of \( \Delta H^\circ \) and \( \Delta S^\circ \) can be obtained from the slope and intercept of a plot of \( \ln K_0 \) against \( 1/T \) [30].

RESULTS AND DISCUSSION

Effect of contact time and initial fluoride concentration

Contact time plays a very important role in adsorption dynamics. The effect of contact time on adsorption of fluoride onto \textit{Cynodon dactylon} is shown in Figure 1. Batch adsorption studies using the concentrations 2.0, 3.0, 4.0, 6.0, 8.0 and 10.0 mg/L of fluoride solution and with 1.25 g of the adsorbent were carried out at 303 K as a function of time to evaluate the defluoridation and adsorption rate constants. The adsorption of fluoride increases with time and gradually attains equilibrium after 105 min. From Figure 1, the time to reach equilibrium conditions appears to be independent of initial fluoride concentrations. Therefore 105 min was fixed as minimum contact time for the maximum defluoridation of the sorbent. The adsorption of fluoride decreased from 84 to 51% by increasing fluoride concentration from 2.0 to 10.0 mg/L. Further, it was observed that the removal curves are smooth and continuous, indicating the possibility of the formation of monolayer coverage of the fluoride ion at the interface of adsorbent.

Effect of particle size

The defluoridation experiments were conducted using \textit{Cynodon dactylon} with five different particle sizes, viz. >53, 53–106, 106–150, 150–225 and 225–303 \( \mu \)m. As the adsorption process is a surface phenomenon, the defluoridation efficiency of the sample with 53 \( \mu \)m registered high defluoridation efficiency due to larger surface area. The percentages of fluoride removal by the sample with different particle sizes are studied. Hence, the material with particle size of 53 \( \mu \)m has been chosen for further experiments. Higher percentage of adsorption by \textit{Cynodon dactylon} with smaller particle size is due to the availability of more specific surface area on the adsorbent surface.

Influence of adsorbent dose

The influence of varying concentrations of adsorbent on the adsorption of fluoride at neutral pH is shown in Figure 2. While increasing the adsorbent dose proportional removal observed for fluoride until some extent. After that, the curve lapse as flat indicating the higher fluoride adsorption occurs at 1.25 g and the followings remains constant. A distribution coefficient, \( K_D \), reflects the binding ability of the surface for an element. The \( K_D \) values of a system mainly depend on pH and type of surface. The distribution coefficient values for fluoride and \textit{Cynodon dactylon} at neutral pH were calculated [31] by means of:

**Figure 1. Percentage of fluoride adsorbed on \textit{Cynodon dactylon} versus time for different initial fluoride concentrations.**

**Figure 2. Variation of fluoride removal for different adsorbent dosages at constant temperature.**
where \( c_s \) is the concentration of fluoride in the solid particles (mg/kg) and \( c_w \) is the concentration in water (mg/L). It is seen that the distribution coefficient increases with an increase in adsorbent concentration, indicating the heterogeneous surface of the adsorbent [18]. It is observed in Figure 3 that \( K_D \) increases with an increase in adsorbent concentration at constant pH. If the surface is homogeneous, the \( K_D \) values at a given pH should not change with adsorbent concentration. All the forthcoming experiments were carried out using a constant adsorbent dose of 1.25 g.

**Effect of interfering co-ions**

The effects of coexisting anions such as sulfate, nitrate, chloride, and bicarbonate on fluoride adsorption by the *Cynodon dactylon* adsorbent were examined and the results are given in Figure 4. Chloride and nitrate ions did not noticeably interfere with fluoride removal even at a concentration of 500 mg/L, while sulfate ions began to show some adverse effects when the \( \text{SO}_4^{2-} \) concentration increased. However, bicarbonate showed great competitive adsorption with fluoride. The fluoride adsorption amount decreased quickly from 83.7 to 51.5% with the increase of bicarbonate concentration 0–300 mg/L, and then decreased slightly with further increase of bicarbonate concentration. This may be attributed to the competition of bicarbonate ions with the fluoride ions at the active site, on the surface of the sorbents. The selective nature of the fluoride by the sorbent depends on size, charge, polarizability, electronegativity difference, etc. The order of interference for fluoride removal observed as in the following order, \( \text{HCO}_3^- > \text{SO}_4^{2-} > \text{Cl}^- > \geq \text{NO}_3^- \) for the adsorbent *Cynodon dactylon*. A similar trend was reported while studying zirconium impregnated cashew nut shell carbon as a sorbent for fluoride removal [9].

**Adsorption isotherms**

The equilibrium data isotherm analysis for fluoride adsorption onto the *Cynodon dactylon* at pH 7.0 (±0.2) and at temperatures of 303, 313, 323 and 333 K are shown in Figures 5–8. Results indicate that the adsorbent has a high affinity for fluoride adsorption under these conditions. The equilibrium data has been analyzed by linear regression of isotherm model equations, viz. Langmuir (Figure 5), Freundlich (Figure 6), Temkin (Figure 7), and Redlich–Peterson (Figure 8). The related parameters obtained by calculation from the values of slopes and intercepts of the respective linear plots are shown in Table 2. The present data fit the Langmuir and Redlich–Peterson models (Figs. 5 and 8) well (\( r^2 > 0.99 \)). The average monolayer adsorption capacity, \( q_m \), obtained for *Cynodon dactylon* is 4.702 mg/g. The value...
for the Redlich–Peterson constant $A$ that is obtained as high (72.9–102.1 L/g) for the maximum optimized value for $g$ (0.825–0.872), which indicates the high affinity of *Cynodon dactylon* for fluoride. These high $g$-values of the Redlich–Peterson model required to describe the best fit of the present data indicated that the adsorption of fluoride is due to the Langmuir monolayer surface adsorption. However, the Freundlich isotherm model, based on multilayer adsorption, describe the data fairly well ($r$ in the 0.994–0.997 range). The Freundlich adsorption constants, $K_F$, obtained from the linear plot are between 3.0 and 3.4. The Freundlich coefficient, $n$, which should have values ranging from 1 to 10, is high (5.0–6.3), and that supports the favorable adsorption of fluoride onto the adsorbent. The linear plot for Temkin adsorption isotherm, which contains the features of chemisorption, relatively described the present isotherm adsorption data ($r$ is in the 0.996–0.998 range). This indicated that the adsorption of fluoride onto the adsorbent might be happened by chemisorptions with physical forces (i.e., physisorption followed by chemisorption). Hence, the order of isotherm equations obeyed by the present data is Redlich–Peterson > Langmuir > Freundlich > Temkin isotherm.

The effect of isotherm shape can be used to predict whether an adsorption system is “favourable” or “unfavourable”. Tan et al. [32] used the essential features of the Langmuir isotherm which can be expressed in terms of a dimensionless constant separation factor or equilibrium parameter $R_L$, defined by the following relationship:

$$R_L = \frac{1}{1 + K_c c_0}$$

$$R_L = \frac{1}{1 + K_c c_0}$$

Figure 6. Plot of the Freundlich isotherm for fluoride adsorption on *Cynodon dactylon*.

where $R_L$ is a dimensionless separation factor, $c_0$ the initial fluoride concentration (mg/L) and $K_c$ the Langmuir constant (L/mg). The parameter $R_L$ indicates the isotherm shape accordingly:

<table>
<thead>
<tr>
<th>$R_L$</th>
<th>Type of Isotherm</th>
</tr>
</thead>
<tbody>
<tr>
<td>&gt;1</td>
<td>Unfavorable</td>
</tr>
<tr>
<td>1</td>
<td>Linear</td>
</tr>
<tr>
<td>between 0 and 1</td>
<td>Favorable</td>
</tr>
<tr>
<td>0</td>
<td>Irreversible</td>
</tr>
</tbody>
</table>

![Figure 6](image-url)  

Figure 6. Plot of the Freundlich isotherm for fluoride adsorption on *Cynodon dactylon*.

Table 2. Isotherm parameters obtained using the linear method for the adsorption of fluoride onto *Cynodon dactylon* at different temperatures

<table>
<thead>
<tr>
<th>Isotherm</th>
<th>Parameter</th>
<th>Temperature, K</th>
<th>303</th>
<th>313</th>
<th>323</th>
<th>333</th>
</tr>
</thead>
<tbody>
<tr>
<td>Langmuir isotherm</td>
<td>$q_m$ / mg g$^{-1}$</td>
<td>4.617</td>
<td>4.702</td>
<td>4.742</td>
<td>4.755</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$K_a$ / dm$^3$ mg$^{-1}$</td>
<td>1.580</td>
<td>1.773</td>
<td>2.003</td>
<td>2.147</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$r$</td>
<td>0.999</td>
<td>0.998</td>
<td>0.998</td>
<td>0.999</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SSE</td>
<td>0.010</td>
<td>0.011</td>
<td>0.011</td>
<td>0.011</td>
<td></td>
</tr>
<tr>
<td>Freundlich isotherm</td>
<td>$K_F$ / mg g$^{-1}$(dm$^3$ mg$^{-1}$)$^{1/n}$</td>
<td>3.024</td>
<td>3.209</td>
<td>3.348</td>
<td>3.417</td>
<td></td>
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<tr>
<td></td>
<td>$l/n$</td>
<td>0.199</td>
<td>0.180</td>
<td>0.165</td>
<td>0.158</td>
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</tr>
<tr>
<td></td>
<td>$r$</td>
<td>0.994</td>
<td>0.996</td>
<td>0.997</td>
<td>0.997</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SSE</td>
<td>0.016</td>
<td>0.010</td>
<td>0.008</td>
<td>0.008</td>
<td></td>
</tr>
<tr>
<td>Redlich-Peterson isotherm</td>
<td>$g$</td>
<td>0.825</td>
<td>0.847</td>
<td>0.863</td>
<td>0.872</td>
<td></td>
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<tr>
<td></td>
<td>$B$ / (dm$^3$ mg$^{-1}$)$^y$</td>
<td>23.026</td>
<td>24.772</td>
<td>27.063</td>
<td>28.514</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$A$ / dm$^3$ g$^{-1}$</td>
<td>72.971</td>
<td>83.361</td>
<td>94.985</td>
<td>102.114</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$r$</td>
<td>0.9998</td>
<td>0.9999</td>
<td>0.9999</td>
<td>0.9999</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SSE</td>
<td>0.013</td>
<td>0.008</td>
<td>0.008</td>
<td>0.009</td>
<td></td>
</tr>
<tr>
<td>Temkin isotherm</td>
<td>$a$ / dm$^3$ g$^{-1}$</td>
<td>3.051</td>
<td>3.245</td>
<td>3.390</td>
<td>3.458</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$b$</td>
<td>1.528</td>
<td>1.419</td>
<td>1.332</td>
<td>1.288</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$r$</td>
<td>0.997</td>
<td>0.998</td>
<td>0.997</td>
<td>0.996</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SSE</td>
<td>0.079</td>
<td>0.064</td>
<td>0.068</td>
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</tr>
</tbody>
</table>
Figure 7. Adsorbent response to Temkin isotherm for fluoride removal at different temperatures.

Figure 8. Redlich–Peterson isotherms for the sorption of fluoride ions by using Cynodon dactylon at various temperatures.

A figure with a relationship between $R_L$ and $c_0$ is presented in Figure 9 to show the essential features of the Langmuir isotherm. Table 3 shows the values of $R_L$ for Cynodon dactylon at different experimental temperatures. In this work, the $R_L$ values calculated in the studied range of fluoride concentration are determined to be in the range of 0.044–0.24, which suggests favorable adsorption of fluoride onto the studied adsorbent, under the conditions used for the experiments.

Table 3. $R_L$ values at different temperatures, which were calculated using Langmuir constants

<table>
<thead>
<tr>
<th>No.</th>
<th>Fluoride concentration mg/L</th>
<th>$R_L$</th>
<th>Temperature, K</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>0.240</td>
<td>303</td>
</tr>
<tr>
<td>2</td>
<td>4</td>
<td>0.137</td>
<td>303</td>
</tr>
<tr>
<td>3</td>
<td>6</td>
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</tr>
<tr>
<td>4</td>
<td>8</td>
<td>0.073</td>
<td>303</td>
</tr>
<tr>
<td>5</td>
<td>10</td>
<td>0.060</td>
<td>303</td>
</tr>
</tbody>
</table>

Figure 9. Separation factor $R_L$ values verses initial fluoride concentration for various temperatures derived by Langmuir constants.

Adsorption kinetics

The results of the rate of fluoride adsorption on the Cynodon dactylon surface, as a function of the initial fluoride concentration, are shown in Figure 1. The fluoride adsorption was fast, up to 105 min, and then it became slow. The initial rapid adsorption was presumably due to active surface of the adsorbent. The slow adsorption in the later stage represents a gradual uptake of fluoride at the inner surface. These data were analyzed using kinetic equations, viz. pseudo-first-order (Figure 10), pseudo-second-order (Figure 11), intraparticle diffusion (Figure 12) and Elovich (Figure 13) models. The various related kinetic parameters, obtained by calculation from the slopes and intercepts of the plots are shown in Table 4. The Lagergren pseudo-first-order kinetic equation describes the kinetic data somewhat better ($r$ is in the 0.89–0.94 range) for fluoride concentrations of 2.0–10.0 mg/L. The pseudo-second-order kinetic equation describes the present data best fit ($r$ is in the 0.997–0.999 range) in the concentration range of fluoride used for the adsorption study (Figure 11). The equilibrium adsorption capacity, $q_e$, evaluated from the pseudo-second-order plot was determined to increase from 1.70 to
5.99 mg/g as the fluoride concentration increased from 2.0 to 10.0 mg/L, which suggests that the studied adsorbent should be a good adsorbent for scavenging fluoride from the contaminated water. The data were analyzed by the intraparticle diffusion kinetic equation and Figure 12 shows a plot of the mass of fluoride adsorbed per unit mass of adsorbent (\(q_t\) mg/g) versus the square root of contact time (\(t^{0.5}\) min\(^{0.5}\)). It is indicated that the extrapolation of the first linear portion of the plots should not pass through the origin, so the adsorption rate of fluoride onto the adsorbent is not solely controlled by pore diffusion. Thus, the adsorption data indicated that the removal of fluoride from the aqueous phase onto the studied adsorbent was a rather complex process, maybe involving both boundary-layer diffusion and intraparticle diffusion. The increase of \(k_{id}\) (which denotes the average pore diffusion rate constant, mg/g min\(^{1.5}\)) with increasing concentration indicated a higher pore sorption possibility of fluoride onto the adsorbent at room temperature. From the Elovich model, the \(r\) values were found to be between 0.939 and 0.985 and fairly support to the formation of chemisorption followed by the physisorption. The present observation is consistent with the reported works [9].

**Thermodynamic parameters**

The effect of temperature is a major influence in the sorption process. Hence, the sorption of Cynodon dactylon was monitored at four different temperatures 303, 313, 323 and 333 K under the optimized condition and thermodynamic parameters, viz., standard free energy change, \(\Delta G^o\), standard enthalpy change, \(\Delta H^o\), and standard entropy change, \(\Delta S^o\), were calculated using Eqs. (15) and (16) and presented in Table 5 (Figure 14). The negative values of \(\Delta G^o\) indicated the spontaneity of the sorption reaction. The positive values of \(\Delta H^o\) indicated the endothermic nature of the sorption process. The positive value of \(\Delta S^o\) showed the increasing randomness at the solid/liquid interface during sorption of fluoride. The results showed an increase in adsorption capacity of fluoride with increasing temperature, which is presumably due to the control of the adsorption process by diffusion phenomenon. Thus, the results indicate the endothermic nature of the diffusion controlled adsorption process. They also indicate increased disorder in the system with changes in the hydration of adsorbing fluoride ions [33].

**Instrumental analysis**

The surface, morphology, and size distribution of the Cynodon dactylon adsorbent particles were observed by means of SEM, XRD and FTIR spectral analysis. The morphology of the fluoride treated adsorbent is shown.
in Figure 15, and it can be observed that the particles are presented as surface texture, flock and different levels of porous surface. The forms and sizes of the particles are very irregular after fluoride treatment. The XRD patterns of raw and fluoride treated material are given in Figure 16. The XRD data of the fluoride treated adsorbent provided evidence of considerable modification over the crystal cleavages by indicating some peak appearance at 2θ values of 29.38, 32.48 and 47.68° and intensity differences at 26.17 and 32.48°. A similar trend was observed by Shihabudeen et al. [34] in their study of fluoride removal from aqueous solutions. This shows the strong adsorption of fluoride on the surface of the adsorbent. The FTIR spectrum obtained (Figure 17) for the adsorbent displayed the following major bands: 3448.8 cm⁻¹: O–H stretch; 2924.18 cm⁻¹: C–H stretch; 1106.25 cm⁻¹: C–O stretch; 619.17 cm⁻¹: C–OH twist. It is reflecting the complex nature of adsorbent and shows significant band shifting and intensity changes due to fluoride sorption (Figures 17 and 18).

**Field trial**

The defluoridation efficiency of *Cynodon dactylon* in the field level was experienced with the sample collected from a near by fluoride-endemic villages. About 1.0 g of sorbent was added to 100 mL of fluoride water sample and the contents were shaken with constant time at room temperature. These results are presented in Table 4.

**Table 4. Kinetic parameters for sorption of fluoride on cynodon dactylon for various fluoride concentrations at room temperature**

<table>
<thead>
<tr>
<th>Kinetic Model</th>
<th>Parameters</th>
<th>Initial fluoride concentration, mg/dm³</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>2.0</td>
</tr>
<tr>
<td>Pseudo-first-order</td>
<td>k₁ / min⁻¹</td>
<td>0.0422</td>
</tr>
<tr>
<td></td>
<td>qₑ / mg g⁻¹</td>
<td>2.4828</td>
</tr>
<tr>
<td></td>
<td>r</td>
<td>0.9379</td>
</tr>
<tr>
<td></td>
<td>SSE</td>
<td>0.0034</td>
</tr>
<tr>
<td>Pseudo-second-order</td>
<td>k₂ / g mg⁻¹ min⁻¹</td>
<td>0.0144</td>
</tr>
<tr>
<td></td>
<td>h / mg g⁻¹ min⁻¹</td>
<td>0.0420</td>
</tr>
<tr>
<td></td>
<td>r</td>
<td>0.9981</td>
</tr>
<tr>
<td></td>
<td>SSE</td>
<td>0.0263</td>
</tr>
<tr>
<td>Intra-particle diffusion</td>
<td>kᵢ / mg g⁻¹ min⁻⁰.⁵</td>
<td>0.1323</td>
</tr>
<tr>
<td></td>
<td>C</td>
<td>-0.0350</td>
</tr>
<tr>
<td></td>
<td>r</td>
<td>0.9923</td>
</tr>
<tr>
<td></td>
<td>SSE</td>
<td>0.0063</td>
</tr>
<tr>
<td>Elovich model</td>
<td>α / mg g⁻¹ min⁻¹</td>
<td>0.0683</td>
</tr>
<tr>
<td></td>
<td>β / g mg⁻¹</td>
<td>2.0408</td>
</tr>
<tr>
<td></td>
<td>r</td>
<td>0.9849</td>
</tr>
<tr>
<td></td>
<td>SSE</td>
<td>0.0431</td>
</tr>
</tbody>
</table>

Figure 13. Linear plot for Elovich kinetic model for the temperatures 303, 313, 323 and 333 K.

Figure 14. Plot of Gibbs free energy change $\Delta G°$ versus temperature T.
le 6. There is a significant reduction in the levels of other water quality parameters in addition to fluoride. It is evident from the result that the sorbent, Cynodon dactylon based adsorbent can be effectively employed for removing the fluoride from water.
Regeneration study

Any adsorbent is economically viable if the adsorbent can be regenerated and reused in many cycles of operation. For checking the desorption capacity of the sorbent, the material was subjected to an adsorption at an initial fluoride concentration of 3 mg/L. The exhausted adsorbent was regenerated using 0–10% NaOH. At 2% NaOH concentration, *Cynodon dactylon* based adsorbent had desorbed up to the level of 67.4% of fluoride. To test the adsorption potential of regenerated adsorbent, two more cycles of adsorption–desorption studies were carried out by maintaining the initial conditions of the same. In third cycle, the adsorbent capacity has shown 19%. From the observations this adsorbent having somewhat reuse potential for fluoride removal.

CONCLUSION

The activated carbon was prepared successfully from *Cynodon dactylon* and studied in batch mode. Fluorides have been removed by the level of 83.77% while keeping 3.0 mg/L fluoride concentration and 1.25 g dosage of adsorbent at neutral pH. However, the presence of bicarbonate ions interfere the effective removal of fluoride. The sorption of fluoride using this adsorbent followed Redlich–Peterson isotherm as well as Langmuir isotherms and was found to be spontaneous and endothermic in nature. The rate of sorption followed the pseudo-second-order kinetic model and occurred through intraparticle diffusion. The used adsorbents could be regenerated by 67.4% using of 2% sodium hydroxide. Based on the above said descriptions, *Cynodon dactylon* bioadsorbent can be utilized to remove fluoride selectively from water.

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REFERENCES


IZVOD
SORPCIJA FLUORIDA NA AKTIVNOM UGLJENIKU DOBIJENOM IZ ZUBAČE (Cynodon dactylon)
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(Naučni rad)
U ovom radu proučavana je primena termički aktiviranog ugljenika dobijenog iz biljke zubača (Cynodon dactylon) za uklanjanje fluoride iz vode za piće. Adsorpcija je rađena u šaržnim uslovima u neutralnoj sredini u zavisnosti od vremena kontakta, adsorbovane doze, koncentracije adsorbata, temperature i prisutnih anjona. Dobijeni rezultati ukazuju da su adsorbciona mesta na površini adsorbenta heterogenog karaktera i da se mogu opisati modelom heterogenih vezujućih mesta. Dati sistem se pokrava Redlich–Peterson-ovoj kao i Langmuir-ovoj izotermi. Brzina adsorpcije fluorida je modelovana Lagergren-ovim reakcijom pseudo-prvim redom, reakcijom pseudo-drugim redom, difuzijom unutar čestice, i Elovich-ovom kinetičkim modelom. Nađeno je da je kinetika adsorpcije pseudodrugog reda. Izračunate vrednosti standardne promene entalpije i entropije za proces adsorpcije su 8,725 kJ/mol i 0,033 J/mol K, redom, koje ukazuju na to da je proces endoterman. Adsorbat aktivni ugalj je ispitivan rendgenoskom struktarnom analizom (XRD), infracrvenom spektroskopijom (FTIR) i skanirajućom elektronskom mikroskopijom (SEM) radi boljeg razumeva-

Ključne reči: Fluoridi • Cynodon dactylon • Adsorpcija • Izoterme • Kinetički modeli

Key words: Fluorides • Cynodon dactylon • Adsorption • Isotherms • Kinetic models