Laboratory Monitoring of the Haemostatic System Changes during Orthotopic Liver Transplantation

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INTRODUCTION

In liver diseases, all components of the haemostatic system are changed as a result of decreased synthesis of the most of coagulation factors and impaired clearance. These changes correlate to the level of hepatocellular damage. The disorder of the liver’s synthetic function is manifested by decreased levels of coagulation factor activity (F), which is one of the first indicators of liver disease. The drop of the FVII coagulation level primarily appears due to its short half-life [1, 2], while hypofibrinogenemia, decrease of FV level [3] and levels of other coagulation factors are indicators of a poor prognostic outcome since their level is decreased only in cases of severe liver damage, indicating the terminal stadium of the disease. In addition to decrease in synthesis, the structure of synthesized coagulation factors and inhibitors is altered. Moreover, there is a decrease in synthesis and an increase in catabolism of plasminogen and plasmin inhibitors. Impaired clearance of the activated coagulation factors and plasminogen activators contributes to further deterioration of haemostasis. Decreased number of platelets, which is a consequence of hypersplenism, is frequently accompanied by the impaired platelet function.

Liver diseases are characterised by derangement of physiological balance within the haemostatic system [3]. Some changes result in deterioration of its functions, increasing the risk of haemorrhagic complications, while, on the other hand, there are such changes that result in the increased activity of the haemostatic system, followed by the increased risk of thromboembolic complications. Haemostatic disorders in the chronic liver diseases which can result in bleeding include: thrombocytopenia, platelet dysfunction, reduced levels of most coagulation factors, hypofibrinogenemia and low levels of α₂-antiplasmin [4]. These changes are balanced by pro-haemostatic alterations like: reduced synthesis of natural coagulation inhibitors, decreased levels of plasminogen and increased levels of FVIII [5] and it might easily result either bleeding diathesis or thrombotic
events [6]. In patients with the cirrhosis and esophageal varices, the incidence of variceal bleeding ranges from 19-40% [7]. Portal vein thrombosis is a common complication with the prevalence of 10-25% [8, 9, 10]. Approximately 0.8% of all hospitalized patients with cirrhosis have had a non-portal venous thromboembolism, deep vein thrombosis and pulmonary embolism [11].

During the liver transplantation, most of the patients manifest multifactorial disorders in their haemostatic balance [12]. By convention, the surgical procedure is divided into the following phases of surgery: preanhepatic, anhepatic, reperfusion and postoperative phase. Preanhepatic phase is characterised by the hyperfibrinolysis and baseline hypocoagulable state which deteriorates mildly in the presence of surgical stress [6]. In anhepatic phase, there is a loss of coagulation factor synthesis and clearance, with dramatic changes in the activated partial thromboplastin time and prothrombin time [13]. The increased levels of tissue plasminogen activator (t-PA) secondary to release from the endothelial cells and decreased clearance in absence of liver can lead to hyperfibrinolysis with consequent fibrinogenoenaemia [14] and severe bleeding [15]. Profound coagulation abnormalities are related primarily to thrombocytopenia because of entrapment of platelets in the liver graft and the heparin-like effect of the donor liver dominated in the reperfusion phase [6] due to the release of heparin-like substances from the grafted liver. Increased clearance of t-PA and increased production of plasminogen activator inhibitors (PAI-1) lead to gradual dissolution of the hyperfibrinolysis [6]. Postoperative phase is characterised by thrombocytopenia and hyper-coagulability [6].

Laboratory findings that are most frequently used in monitoring of haemostatic system in liver diseases are platelet count, prothrombin time, levels of individual coagulation factors and inhibitors, and euglobulin clot lysis time, where their values are successively worsening with the progression of disease.

OBJECTIVE

The objective of this study was to monitor the changes of haemostatic system activity intraoperatively, as well as postoperatively, and to estimate the time required for achieving physiological values of haemostatic parameters after orthotopic liver transplantation.

METHODS

The follow up was conducted on a cohort of 17 patients, 6 women and 11 men, who were subjected to cadaveric liver transplantation at the Clinical Centre of Vojvodina (KCV) in the period from June 2008 to February 2012. In the majority of cases, the aetiology of liver insufficiency was liver cirrhosis caused by viral hepatitis B and C, which was diagnosed in 12 patients in total. Demographic and clinical characteristics of the study population are presented in Table 1.

Laboratory testing was carried out at the laboratory of the Department of Thrombosis, Haemostasis and Haematology Diagnostics of the KCV Centre of Laboratory Medicine and the KCV Emergency Laboratory. Pre-, intra- and postoperative dosing of the substitution therapy and antifibrinolytics was based on the laboratory findings as well as clinical findings and it was given in order to achieve the optimal state of coagulation. Platelet concentrate was administered in case of severe thrombocytopenia, and fresh frozen plasma and cryoprecipitate for significant deficiency of coagulation factors. In order to achieve an optimal level of antithrombin, concentrate of antithrombin was given before, during and after the transplantations. Antifibrinolytic therapy with tranexamic acid was given during the transplantations in a small dose before reperfusion, then depending on the laboratory findings dose was adjusted in the reperfusion phase, or in preanhepatic phase if the patient had hypocoagulability. The following haemostatic parameters were tested: platelet count (PLT), activated partial thromboplastin time (aPTT), prothrombin time (PT), thrombin time (TT), fibrinogen (FBG), euglobulin clot lysis time (ECLLT), D-dimer, antithrombin (AT) and heparinemia (anti-Xa), and the tests were performed immediately after sampling blood for analysis. The test samples were taken intraparatively in all phases of transplantation according to the following schedule: prior to preanhepatic phase, 30 minutes after clamping blood vessels in anhepatic phase, after graft reperfusion in postanhepatic phase and at the end of the operation, and postoperatively on a daily basis for 14 days, obtained by venepuncture of cubital vein, using the tubes containing anticoagulant K3 EDTA for determining platelet count from blood sample, and 3.2% sodium citrate for haemostatic testing. Citrated plasma was separated after spinning at 2700 G for 6 minutes. Platelet count was determined by means of the automated haematology analysers Beckman Coulter HmX (Mervue, Galway, Ireland Inc.) at the Emergency Laboratory during transplantation, and on Cell Dyn Sapphire (Abbott Diagnostic, USA) from postoperative day 1. The haemostatic tests were performed on ACL units – automated coagulometers, manufactured by IL (Instrumentation Laboratory, Milano, Italy). Coagulometer ACL 9000 was used to determine aPTT, PT, TT, FBG, with reagents: HemosIL APTT-SP Liquid, RecombiPlasTin 2G, Thrombin

| Table 1. Demographic and clinical characteristics of patients (N=17) |
|---------------------------|-------------------|
| Characteristics          | Value             |
| Age (years)              | Mean              | 51.6±7.3         |
|                          | Range             | 38–61            |
| Gender                   | Female            | 6                |
|                          | Male              | 11               |
| Diagnosis                | Hepatitis B       | 7                |
|                          | Hepatitis C       | 5                |
|                          | Hepatocellular carcinoma | 4        |
|                          | Autoimmune        | 3                |
| Follow-up (years)        | Mean              | 8.6±7.7          |
|                          | Range             | 1–27             |
| Variceal bleeding        |                   | 2                |
| Thromboembolic events    |                   | 1                |

The values are expressed as mean ± SD (range), and number of patients.
Time IL, HemosIL Fibrinogen-C XL according to Clauss method. Determination of ECLT was performed manually, with incubation in water bath at 37°C. Coagulometer ACL 7000 was used for determining D-dimer and the level of AT activity, with the reagents: HemosIL D-Dimer and HemosIL Antithrombin. Heparin level in plasma was measured with coagulometer ACL 200, with HemosIL Heparin reagents. All reagents were produced by IL (Instrumentation Laboratory, Milano, Italy).

The results were statistically processed by descriptive statistical method, and the descriptive statistical data were presented in tables and illustrated by graphs, as the highest, mean and lowest values of the tested haemostatic parameters, and standard deviation thereof as a variability measure, starting from the intraoperative findings in phases of transplantation, followed by postoperative daily checks from day 1 to day 7, ending with the liver transplantation postoperative day 14.

**RESULTS**

During the liver transplantation, the laboratory values of haemostatic parameters showed substantial changes, while postoperatively there was a gradual normalisation in the function of the haemostatic system which was apparent as early as the first week, reaching physiological values for all tested parameters on postoperative day 14, except for the sustained high value of D-dimer (Table 2).

The majority of patients had mild thrombocytopenia (116±89.2×10⁹/L) at the beginning of transplantation. During transplantation, PLT count was decreased, more pronouncedly in the anhepatic phase (96±78.2×10⁹/L), while from postoperative day 6 there was a gradual increase in PLT count values, reaching the normal PLT values (100±51.2×10⁹/L) on postoperative day 14 (Table 2 and Graph 1).

**Table 2.** Intraoperative and postoperative levels of haemostatic parameters (mean±SD and range)

<table>
<thead>
<tr>
<th>Phases of liver transplantation</th>
<th>Haemostatic parameters with normal values</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phases of liver transplantation</td>
<td>Mean±SD</td>
</tr>
<tr>
<td>PLT (×10⁹/L)</td>
<td>116±89.2</td>
</tr>
<tr>
<td>aPTT (R)</td>
<td>0.83–1.30</td>
</tr>
<tr>
<td>PT (R)</td>
<td>0.93–1.30</td>
</tr>
<tr>
<td>TT (R)</td>
<td>0.85–1.30</td>
</tr>
<tr>
<td>FBG (g/L)</td>
<td>2.20–4.96</td>
</tr>
<tr>
<td>ECLT (min.)</td>
<td>&gt;120</td>
</tr>
<tr>
<td>D-dimer (ng/mL)</td>
<td>&lt;230</td>
</tr>
<tr>
<td>AT (%)</td>
<td>75–122</td>
</tr>
<tr>
<td>aXa (IU/mL)</td>
<td>0.10–0.40</td>
</tr>
</tbody>
</table>

**Graph 1.** Changes in platelet count (PLT) during and after the liver transplantation

PAH – preanhepatic phase; AH – anhepatic phase; PR – reperfusion phase; POP – postoperative; SD – standard deviation; PLT – platelet; aPTT – activated partial thromboplastin time; R – ratio of sample clotting time and clotting time of normal control plasma; PT – prothrombin time; TT – thrombin time; FBG – fibrinogen; ECLT – euglobulin clot lysis time; AT – antithrombin; aXa – anti-factor Xa activity

**Graph 1.** Changes in platelet count (PLT) during and after the liver transplantation

PAH – preanhepatic phase; AH – anhepatic phase; PR – reperfusion phase; POP – postoperative; 1–7, 14 – days
Graph 2. Changes in activated partial thromboplastin time (aPTT) during and after the liver transplantation

Graph 6. Changes in euglobulin clot lysis time (ECLT) during the liver transplantation

Graph 3. Changes in prothrombin time (PT) during and after the liver transplantation

Graph 7. Changes in D-dimer during and after the liver transplantation

Graph 4. Changes in thrombin time (TT) during and after the liver transplantation

Graph 8. Changes in antithrombin (AT) during and after the liver transplantation

Graph 5. Changes in fibrinogen (FBG) during and after liver transplantation

Graph 9. Changes in anti-Factor Xa activity (aXa) after the liver transplantation
Prolonged aPTT in anhepatic phase of transplantation resulted from the loss of coagulation factor synthesis in the absence of liver (1.43±0.5 R), while in reperfusion phase it was due to transplant’s heparin release (1.80±0.8 R). Postoperatively, aPTT was normalised from postoperative day 1 (1.25±0.2 R) (Table 2 and Graph 2).

Slightly prolonged PT (1.42±0.3 R) was evident in the majority of patients in preanhepatic phase, which was more pronounced during transplantation in reperfusion phase (1.59±0.4 R). PT normalised (1.27±0.3 R) on postoperative day 7, which was consistent with the gradual normalisation of the coagulation factor levels (Table 2 and Graph 3).

Prolonged TT during transplantation in preanhepatic phase (1.87±1.6 R), anhepatic (2.03±1.7 R) and reperfusion phases (2.01±1.5 R) occurred due to hyperfibrinolysis, and as a result of heparin release from the grafted liver in reperfusion phase. First 2 days after transplantation, slightly prolonged TT was a laboratory effect of the intravenous unfractioned heparin. Normal TT value (1.24±0.1 R) was recorded on postoperative day 3 (Table 2 and Graph 4).

Intraoperatively, there was an observed drop in the FBG level (2.13±0.5 g/L) in reperfusion phase of transplantation due to hyperfibrinolysis, while postoperative FBG values remained within the limits (Table 2 and Graph 5).

ECLT was presented intraoperatively, since the function of the fibrinolytic system was normalised postoperatively by antifibrinolytic therapy. Intraoperatively, hyperfibrinolysis dominated in the anhepatic phase of transplantation (29±12.0 min) due to increased t-PA levels, but it was also present in both preanhepatic (59±42.3 min) and reperfusion phases (55±33.1 min) (Table 2 and Graph 6).

D-dimer values were significantly increased in the majority of patients at the very beginning of transplantation (1229±1206.6 ng/mL), which was consistent with the presence of extravascular fibrinolysis. Intraoperative increase of values in reperfusion phase (1393±1220.4 ng/mL) was consistent with the accelerated fibrinolysis, while postoperative successive increase was due to coagulation system activation, showing significantly higher D-dimer values (2606±1055.1 ng/mL) on postoperative day 14 (Table 2 and Graph 7).

In the majority of patients the level of AT activity was lower (61±18.0%) at the beginning of transplantation than it was during transplantation in the anhepatic phase (71±16.0%), with normalisation after the surgery (82±10.0%), which was constantly maintained at physiological level with an adequate substitution by AT concentrate (Table 2 and Graph 8).

Postoperatively, laboratory effects of the parenteral anticoagulant therapy were monitored by determination of the anti-Xa activity, the level of which was within prophylactic range (0.26±0 IU/mL) (Table 2 and Graph 9).

**DISCUSSION**

The course of orthotopic liver transplantation is characterized by severe impairment of the haemostatic system. Preanhepatic, explantation phase involves removal of recipient’s liver and reflects the preoperative state of the damaged liver [16]. Bleeding in this phase is mainly surgical and can be significant, due to portal hypertension, parenchyma vulnerability and possible existence of adhesions from previous surgical interventions [17]. Anhepatic phase involves clamping of large liver blood vessels, portal vein and the inferior vena cava. It is characterised by the absence of the liver and hepatic clearance [18]. This stage is dominated by the fibrinolytic system’s disorder, caused by the increased level of t-PA, which is released from the endothelium of large blood vessels, while it cannot be eliminated through liver due to absence of hepatic clearance or inactivated by PAI-1 [18, 19, 20]. Bleeding is nonsurgical, since the large blood vessels are clamped, so it is a direct consequence of haemostatic disorder due to hyperfibrinolysis [15], the use of heparin if applicable during the surgical techniques or negative effect of hypothermia, while the appearance of dilutional coagulopathy is also possible [21]. Deterioration of the fibrinolytic system function depends on the duration of anhepatic phase – the longer the anhepatic phase, the more pronounced hyperfibrinolysis is [22]. The postanhepatic, reperfusion phase involves reperfusion of donor liver after revascularisation by clamp removal, and haemostatic disorders depend on the quality of the liver transplant. In this phase, bleeding is a result of hyperfibrinolysis [15], heparin release from the transplant, liver ischemia and hypothermia [21], dilution effect of cold preservation solution residue in the liver after rinsing, which inhibits platelet aggregability [23], or the dilution effect due to massive transfusion [21], as well as thrombocytopenia due to platelet sequestration in the transplant and platelet dysfunction caused by the loss of platelet granules [24, 25]. The damaged cells of the liver sinusoids are adhered to by platelets, which release mediators that may cause intravascular coagulation [26].

Our study results show preoperative presence of complex haemostatic system disorders in the sample group, the dominant being fibrinolytic system impairment, elevated D-dimer value, prolonged PT and AT deficiency. Significant dysfunction of the fibrinolytic system during liver transplantation was also observed by other authors [14, 27].

During the liver transplantation, in its various phases, there are evident changes of laboratory haemostatic parameters which correspond to data presented in literature [22]. The most pronounced haemostatic disorder during transplantation was observed in the anhepatic phase, predominantly hyperfibrinolysis, prolonged TT and drop of the PLT count. In reperfusion phase, there are complex haemostatic disorders: high fibrinolytic activity, increase of D-dimer values, hypofibrinogenemia, prolonged TT, aPTT, PT, and decrease of AT activity. Similar results during liver transplantation, particularly in the reperfusion phase, were presented in other studies, primarily in the values of FBG, prolonged aPTT, TT, decrease in the level of AT, and the highest values of D-dimer [27].

Further monitoring after liver transplantation from postoperative day 1 revealed a gradual normalisation in...
the values of the monitored laboratory parameters of the haemostatic system in the first week, and our results show no significant differences in comparison to the research of other authors [22]. The first to normalise were aPTT, FBG, AT, normal TT value was recorded on postoperative day 3, and from postoperative day 7, PT also restored to normal. Moderate thrombocytopenia was evident during the first week, reaching the physiological plateau count on postoperative day 14, which is in accordance with the literature data [28, 29]. D-dimer value showed gradual increase, remaining in the significantly high range even after two weeks.

Substitution therapy during liver transplantation is necessary because of significant intraoperative bleeding due to complexity of the surgical procedure itself and co-occurring serious haemostatic changes [13, 30, 31]. Substitution is highly dependent on clinical bleeding and laboratory findings as well. It includes fresh frozen plasma, cryoprecipitate, PLT concentrate, blood derivatives and AT concentrate. A continuous antifibrinolytic therapy is also necessary.

After transplantation, the liver function usually improves after postoperative day 3 [32]. During early postoperative period, there is an increase of the coagulation factor levels [33]. Thrombocytopenia persists for several days due to hypersplenism, influence of HLA cytotoxic antibodies [22] and immunosuppressive therapy. Hypercoagulability follows in later postoperative period, with a threat of thromboembolic complications due to different recovery rates of factors and inhibitors of coagulation, namely, faster normalisation of coagulation factors [33]. Moreover, immunosuppressive therapy leads to increased levels of FBG, FVIII and PAI-1 [34]. Possible complications include thrombosis of the anastomosed blood vessels, hepatic artery or portal vein, with possible development of pulmonary thromboembolism. During the first five days, the liver rejection often happens as a consequence of the hepatic artery thrombosis [35]. Extensive studies involving sample groups of 700-1200 transplanted patients state that thrombosis develops in the hepatic artery in 2.0-2.7% of cases and that it can cause liver graft dysfunction [36, 37, 38]; therefore, thromboprophylaxis with unfractionated or low-molecular-weight heparin is recommended in postoperative period. In our cohort, thromboprophylaxis was implemented from the postoperative day 1 with the unfractionated heparin in the first 48 hours, followed by low molecular weight heparin. The dose was adjusted according to the findings of the anti-Xa activity and the levels maintained within the prophylactic range.

A continuous monitoring of the haemostatic system changes in liver transplantations in our study has shown gradual improvement of all investigated laboratory parameters of the haemostatic system after the first day after transplantation, with normalisation within 7-14 days.

**CONCLUSION**

Laboratory monitoring of the haemostatic system changes in liver transplantations in our study has shown gradual improvement of all investigated laboratory parameters of the haemostatic system after the first day after transplantation, with normalisation within 7-14 days.

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**REFERENCES**

Лабораторијско испитивање промена хемостазног система током ортотопичне трансплантације јетре

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Категорија: Статистичка и математичка хемостазна и хематолошка истраживања

Увод
Код обезбеђења јетре све компоненте хемостазног система могу се изменити, а поремећања функционалности овог система су сматрани као ризикови за уређена група ишемију, која може да доведе до инфаркта љуцима, коагулације или хеморагије.

Циљ рада
Циљ испитивања било је посебно упркос променама хемостазних параметара у периоду после операције, да се посебно прате промене у сазивним системима, као и да се проуче промене у систему регулације хемостазе и фибринолизе.

Методе рада

Резултати
Најзначајнији поремећаји у трансплантацији јетре били су: тромбоцитопенија (96±66,1×109/l), хиперхематурија (2,03±1,7 мг/l), хиперхемотрофиње (2,13±0,5 г/л), хипертромбоцитемија (29±12,0 мкл), а купоЮмпемећања у трансплантацији јетре.

Кључне речи: хемостаза; хемостазни параметри; фибринолица; ортотопична трансплантација јетре

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